



FUELGUIDE

FOR ORGANISATIONS

IGNITE CURIOSITY | SPARK CONNECTIONS

FUELBOX

WHY

TO CREATE A WORK ENVIRONMENT WHERE PEOPLE PERFORM TO THEIR FULLEST POTENTIAL, THEY NEED TO FEEL CONNECTED. THAT THEY BELONG AND MATTER TO OTHERS. THAT THEY HAVE A PURPOSE.

Sharing with each other face to face triumphs everything when developing and strengthen connections between people.

In the workplace strong connections are crucial to collaboration, performance and innovation.

WHAT

FUELBOX IS A TOOL TO CREATE CONVERSATIONS BETWEEN PEOPLE.

With more than 170 open ended questions FuelBox create reflections, sharing and learning relevant to the relationship and situation.

FuelBox is a tool for leaders to develop their people, their team and the organisation.

Great communication and high quality connections is not something you just get, it is something you work on, over and over again.

HOW

TO ENSURE THAT FUELBOX BECOMES A REAL GAME CHANGER FOR YOU AND YOUR TEAM, WE RECOMMEND THAT YOU USE THE BOX FREQUENTLY AND OVER TIME.

This guide will give you tips on how you can implement and facilitate the FuelBox.

The purpose of FuelBox is to create a workplace and a culture, where people thrive, connect, perform and collaborate.

Create awareness, Inspire & Motivate

INTRODUCTION

When you introduce FuelBox for the first time, share your thoughts with your colleagues on the questions below:

- ❖ WHY are you going to use FuelBox?
- ❖ HOW are you going to use FuelBox going forward?

FACILITATION

1. One person picks a card
2. The person to the right starts to share their reflections
3. Challenge the participants to be engaged, curious and to ask follow-up questions
4. When everyone has shared, the next person picks a new question
5. You are allowed to use «pass» on a question
6. Summarize the TalkShop by asking the participants to share their experience

Engage & Experience

FACILITATION

PROMOTION

Develop a culture

❖ FUELDATES

Have employees sign up to be randomly paired with another colleague for a coffee break and great conversations once a week/a month.

❖ FUELLUNCH

Have people sign up and invite cross-functional to a Fuel Lunch where they will eat and connect with other colleagues by using FuelBox.

❖ FUELWEEK

Select the QUESTION OF THE WEEK from FuelBox and challenge all employees to start a conversation by asking five colleagues this question during the week.



SELF-REFLECTION

Use the questions in FuelBox for self-reflection.
Share this and inspire your colleagues

#fuelspiration

TALKSHOP

Use FuelBox in team events and conferences.

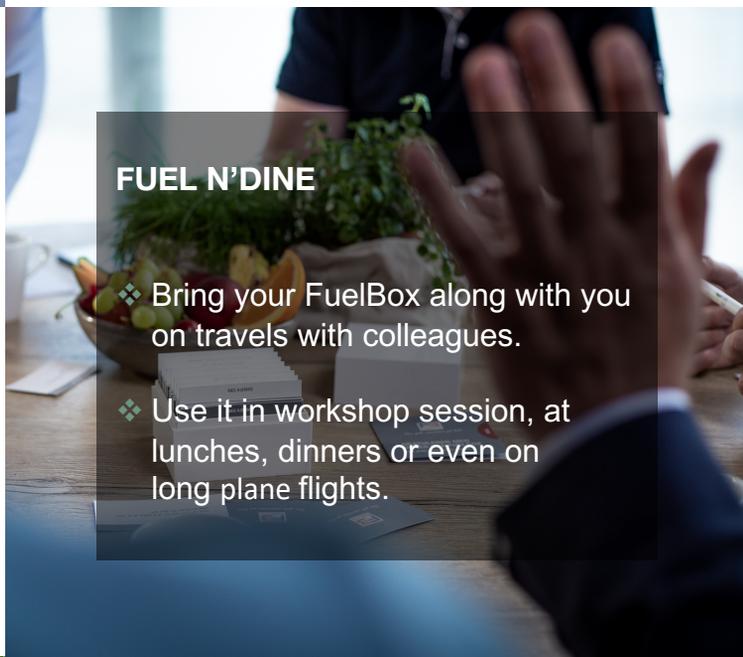
Arrange participants in groups of 4-6 and pick questions from pre-defined categories. See FACILITATION on previous page.

*30-45min

FUELMOMENTS

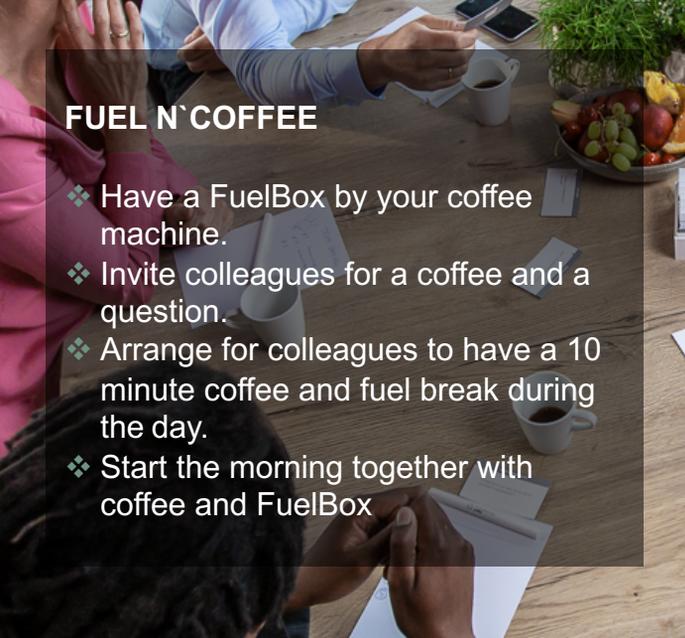
- ❖ Start meetings with engaging everyone with a question from FuelBox.
- ❖ This could also apply for external meetings.
- ❖ Make sure there is a box in every meeting room at your office.

*5 minutes



FUEL N'DINE

- ❖ Bring your FuelBox along with you on travels with colleagues.
- ❖ Use it in workshop session, at lunches, dinners or even on long plane flights.



FUEL N'COFFEE

- ❖ Have a FuelBox by your coffee machine.
- ❖ Invite colleagues for a coffee and a question.
- ❖ Arrange for colleagues to have a 10 minute coffee and fuel break during the day.
- ❖ Start the morning together with coffee and FuelBox

ONBOARDING & APPRAISALS

- ❖ Use FuelBox in interviews with candidates.
- ❖ Arrange for a one on one conversation with your new employee and pick questions from the FuelBox.
- ❖ Arrange for your team to get to know their new colleague and with a FuelBox session.
- ❖ Use FuelBox in appraisals with employees.

FUEL CALENDER

IMPLEMENTATION

| FUEL ACTIVITY | WHEN | PARTICIPANT | FACILITATION |
|-------------------|----------------------|----------------|---|
| <i>Fuelmoment</i> | <i>Team meetings</i> | <i>My team</i> | <i>Start every team meeting by picking one card from a relevant category.</i> |
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People will forget

what you said

People will forget

what you did

But people will never forget

how you made them feel

fuel

Maya Angelou

FUELTEAMET

IGNITE CURIOSITY SPARK CONNECTIONS



LET'S CONNECT



@fuelboxworld

FUELBOX